



Recovery Innovations programs have been distinguished by innovative initiatives that have brought recovery-based practices to transform the field of behavioral healthcare. As a result of what we have learned from our experience, RI's services are based on the following:

- Recovery is an expectation for everyone
- Personal responsibility and self-help are the keys to empowerment
- Recovery and wellness education informs choices
- Peer support from another person in recovery with similar life experiences is a powerful tool for engagement and hope
- No-force-first environments and options increase respect and safety.

RI has a 20 year history providing a range of mental health and substance abuse crisis and emergency services that have served as the “front door” to the behavioral health system: residential crisis stabilization, inpatient services, psychiatric urgent care, alcohol/drug evaluation and detoxification, and a range of crisis alternatives that offer home-based supports and overnight hospitality.

In a few months we will be opening a *Recovery Response Center* (crisis triage and stabilization unit) which will be temporarily located in Lakewood on the grounds of Western State Hospital. With a capacity of up to 18 individuals, the facility will be secure with the procedures and staffing to detain individuals brought involuntarily by law enforcement for evaluation. Staffing will be multi-disciplinary, trained and skilled in non-violent de-escalation techniques and in the use of the Recovery Coaching Model to create recovery partnerships.

We are currently running a community-based outreach program.

We are staffed to accept referrals from the Mobile Outreach Crisis Team, 24 hours a day, 7 days a week.

We provide:

1. Outreach services to individuals admitted in the emergency departments of Pierce County hospitals. A team consisting of a mental health professional and a peer support specialist meet the person in the emergency room and engage him or her in a partnership that focuses on his or her recovery. They guide the individual through recovery solutions and develop a plan that meets his or her needs and specific circumstances. Our goal is to actively engage the individual in finding solutions without having to be hospitalized or detained.

2. Some individuals may opt to receive additional support and recovery coaching past their discharge from the ED. In those instances, we provide outreach services in the person's home or in an agreed-upon location in the community. These community-based services are available to a person for the duration of the crisis period, not to exceed 2 weeks. Again, using the recovery coaching model, we actively engage the individual in a process that is empowering and that gives the person a window into transformation from a life permeated with mental illness to one that is fulfilling and personally meaningful.

Our outreach staff consists of a prescriber, nurses, mental health professionals, behavioral health specialists, and peer support specialists. All are trained in the Recovery Coaching Model. They know Pierce County well and encourage the person in reaching out to resources that are available in the community. They link individuals who are not currently receiving services with a mental health provider. For those individuals who are enrolled into services, the outreach team ensures a close collaboration and coordination of care with their provider throughout the duration of the crisis period.



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